Lactic Acid Peel Protocol

Indications:
Suitable for most skin types • Ideal for aging, dry and sensitive skin types

Contraindications:
Hypersensitivity or anyone “highly allergic” • Dry and dehydrated skin or compromised lipid barrier
Accutane within the past year • Glycolic acid or salicylic acid within the past week
Pregnant or Nursing • Herpetic breakout • Open wounds or suspicious lesions
Retin-A or Renova within the past week

Client Preparation:
A full client consultation is necessary before treatment. Have client complete and sign the peel consent form. Verbally repeat contraindications before proceeding with peel. Provide client with a cap or headband for hair protection.

Application:
• Cleansing
1. Remove eye makeup with Vitamin Veil Cleanser.
2. Place a few drops of Lipid Replacing Cleanser onto fingertips and apply to client’s face and neck.
3. Cleanse in a circular motion and rinse thoroughly.
4. Apply eye pads moistened with water.
5. Place a thin layer of vaseline on the lips and nasolabiala junction with a Q-tip swab.
6. At this point, take a minute to check the skin under the magnifying light, looking for any skin irregularities that might have been hidden by make-up during the initial evaluation.
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• **Treatment**
  1. Dispense 3 ml of peel solution into a cup.
  2. Give client hand held fan to hold and direct at face.
  3. Using a cotton 4x4 or brush carefully dip into solution. Press onto the side of the cup to remove excess. Apply one layer section-by-section beginning at the forehead, cheeks, nose, chin and ending with the upper lip.
  4. Leave on for 5 to 20 minutes. Time will vary based on experience with this treatment’s response, the client’s skin or the current skin’s condition.
  5. Gently remove peel solution with a soft cotton wipe.
  6. Keeping eyes covered, lightly mist face with 5 or 6 sprays of pK Peel Neutralizing Spray, making sure to completely cover the treated area.

• **Completing Treatment**
  1. Remove all product with cotton wipes and cool water. Pat dry.
  2. Apply pk Peel Neutralizing Spray, again to the treated area.
  3. Rinse with cool water and pat dry.
  4. Apply Vitamin C Reversal Serum and gently massage into skin in small circular movements.
  5. Apply Circadia Post Peel Balm.
  7. Advise client on at-home care program and sun protection.

* Lactic Peels can be repeated once a month.